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Updated Controlled Substance Policy

Any patients of Psych Care Associates, PC that are currently being prescribed a controlled substance, including but not limited to, stimulants (i.e. Adderall, Ritalin) and benzodiazepines (i.e. clonazepam, lorazepam) will now be required to meet with a provider on a monthly basis for medication check-ins.

If a schedule IV medication is prescribed less than 15 times per month, then we may push this to 2 month follow ups.

All new and existing patients that will be prescribed a controlled substance for the first time must complete a urine drug screening, prior to starting a medication. Following this, we will continue urine drug screens for controlled medications on a biyearly as well as random basis.

Any patients that are using illicit substances while using a controlled medication will have their treatment stopped immediately. Patients must have their prescriptions at the time of their telehealth appointment in case a pill count is required.

Psych Care Associates, PC has the right to discontinue or change a controlled substance medication at any time if it is clinically indicated, deemed to be unsafe, or if medication risks outweigh potential benefits. If medications are lost or stolen, they will NOT be able to be replaced until the next scheduled appointment.

Telehealth Policy

All patients are required to meet by video for telehealth appointments as per Psych Care policy by following the HIPAA secure video link that will be sent by text or email.

Psych Care will only allow HIPAA secure video appointments. Patients must ensure they have access to a working video-capable device prior to their scheduled appointment.

Signature

Date